

HEYDAYS AUTUMN TERM 2026

LEEDS 
PLAYHOUSE

VENUE: LEEDS PLAYHOUSE

TIME: 10.30AM – 3PM

AGE GUIDANCE: 55+

PRICING: VARYING MEMBERSHIPS

FOR 10-WEEK TERM

DAY: WEDNESDAYS

AUTUMN TERM 2026:

W/C 14 SEP – W/C 23 NOV

(NO SESSIONS ON WEDNESDAY, 14 OCT)



WELCOME BACK!

Welcome back to Heydays! We're so excited to welcome you into the Autumn Term of 2026, check out the brand-new programme for Autumn 2026, we will continue to bring people together for friendly, creative activities led by us and creatives from across the city, with new memberships and an updated range of activities.

CREATIVE SOCIAL

TIME: 10.30AM – 12PM

LOCATION: LEVEL 2 BALCONY

A relaxed weekly drop-in centred around a cup of tea, biscuits and gentle creative activities. You can chat, join peer-led groups (such as play reading or visual arts), take part in light creative tasks, or simply spend time with others.

There will be **no session** on:
• **14th October**

Email connect@leedsplayhouse.org.uk
for any questions about the Creative Ageing takeover.



ON OFFER!

PLAYREADING

WITH **NICOLA DOWN**

TIME: 10.30AM – 12PM

LOCATION: LEVEL 2 BROOKE ROOM

Join Nicola for a delightful playreading session! With 25 years of experience leading playreadings for the Heydays programme, it promises an enjoyable and enriching experience for everyone. **Spaces are limited, register on the day.**

VISUAL ARTS PROJECT

WITH **PAUL ATKINSON**

TIME: 10.30AM – 12PM

LOCATION: LEVEL 2 BAR AREA

Join Paul for a fun and creative visual arts project where imagination takes the lead! Explore colours, shapes, and artistic techniques as you create something uniquely your own in a relaxed and inspiring environment.

CREATIVE WRITING

WITH **DAVID**

TIME: 10.30AM – 12PM

LOCATION: LEVEL 2 QUARRY GAP

Join David and Pamela for a peer-led approach creates a welcoming space for friendly discussions, followed by engaging creative writing sessions. There will be fun topics to inspire your writing every week!

DROP-IN-SESSION

DANCING

with **DECONDANCE**

TIME: 10.30AM – 12.00PM

LOCATION: LEVEL 3 CITY ROOM

DURATION: 10 WEEK-TERM

PRICE: £5 PER SESSION, pay as you go
directly to artist on the day

This activity will be delivered by independent dancers Alex and Meg from **DECODANCE!**
Payment will be made directly to artists on the day.



SINGING

with **Suzi**

TIME: 1PM – 2.30PM

LOCATION: LEVEL 3 WESTON ROOM

DURATION: 10 WEEK-TERM

PRICE: £5 PER SESSION, pay as you go
directly to artist on the day

This activity will be delivered by independent artist Suzi. Payment will be made directly to artist on the day.



HEYDAYS THEATRE GROUP

TIME: 1PM – 3PM

LOCATION: LEVEL 0 BRAMALL ROCK VOID
(we will inform you if room change is made)

DURATION: 10 WEEK-TERM

PRICE: £97.5 PER TERM

(Includes your morning membership)

As we move into our Autumn term, we're excited to continue building on the success of our Heydays Theatre Group in our Spring and Summer programme with our evolving weekly theatre group for our Heyday members.

This lively and welcoming space is designed to help you build confidence, embrace playfulness, and discover new creative skills. Working alongside a professional Theatre Director, you'll explore drama, storytelling, and performance in a supportive environment.

Together, the group will collaborate towards creating a final performance, brought to life with the support of our in-house technical team.

PAYMENTS

Whether you're completely new to theatre or have years of experience, this group is designed to be supportive, fun and full of creative energy. You can choose to pay in full or in an instalment plan:

PRICE: £97.50 PER TERM

PAYMENT 1: £40 before or on the first day of term

PAYMENT 2: £30 Due before 13 OCT 2026

PAYMENT 3: £27.50 Due before 11 NOV 2026

Members of the Heydays Theatre Group will also be able to attend the morning Creative Socials as part of their membership.

A small number of bursaries will be available; email connect@leedsplayhouse.org.uk for details.

To purchase your Heydays Theatre Group membership for the Summer term, call our friendly Box Office team on **0113 213 7700** or email info@leedsplayhouse.org.uk.



£10 SHOW OFFERS



FENCES

DATES: 11, 12, 14, 15, 16, 17 SEP 7.15PM
17 SEP 1.30PM

LOCATION: COURTYARD THEATRE



ONCE UPON A TIME IN SOKOTO

DATES: 11, 12 NOV 7.45PM

LOCATION: COURTYARD THEATRE



PEANUT BUTTER & BLUEBERRIES

DATES: 22, 23, 24, 26 OCT 7.15PM
24 OCT 1.30PM

LOCATION: COURTYARD THEATRE

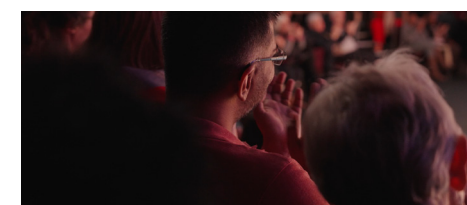


DR SEUSS'S HOW THE GRINCH STOLE CHRISTMAS! THE MUSICAL

DATES: 19, 23, 24, 25 NOV 7PM
24 NOV 2PM

7, 8, 14, 15 JAN 7.00PM
7, 8, 14, 15 JAN 2.00PM

LOCATION: QUARRY THEATRE



SAVE THE DAY

Our end of term celebration will be on **Wednesday, 25 NOV.**

ADDITIONAL INFORMATION

HOW MUCH DOES HEYDAYS COST?

The full Autumn term of activities costs £40 (around £4 a week), the pay as you feel sessions will be an additional cost separate to your membership. This payment must be made in full at our Box Office. We are committed to ensuring everyone can attend Heydays. Additional support is available; we can offer a limited number of bursaries for the Heydays Theatre Group for the Autumn Term.

HOW CAN I GET IN TOUCH?

You can email us with questions at any time on connect@leedsplayhouse.org.uk.

HOW CAN I PAY FOR MY MEMBERSHIP?

To attend the morning drop-ins and to access any of the afternoon sessions, you will need to buy a Heydays Creative Social membership. This membership is included in the Heydays Theatre Group membership.

To purchase your Heydays Creative Social or Heydays Theatre Group membership for the Autumn Term, call our friendly Box Office team on **0113 213 7700** or email info@leedsplayhouse.org.uk.

PHOTOGRAPHY BY TOM BOX, BEATA PEJKA, MIKE PINCHES.

HOW TO FIND US

LEEDS PLAYHOUSE
PLAYHOUSE SQUARE,
QUARRY HILL
LEEDS, LS2 7UP

BOX OFFICE

TUESDAY – FRIDAY
12PM – 4PM
0113 213 7700
LEEDSPLAYHOUSE.ORG.UK

EMAIL

CONNECT@LEEDSPLAYHOUSE.ORG.UK



OUR SIGN IN DESK

LEVEL 2

SUPPORTED BY:

